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Hot weather triggers warning

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Hot weather across the country next week has prompted the first ‘heat health’ warning of the summer. Although many parts of England and Wales could see highs of 30 °C, a key factor will be the night-time temperatures. Lows in some areas may not fall below 18 °C.

Head of Health Forecasting at the Met Office, Wayne Elliott, said: "We have been working closely with the Department of Health to develop this service, which is aimed at the vulnerable in society, especially the elderly."

The build up of heat and humidity could set off some thunderstorms, but there is an 80% chance of staying dry.

Chief Forecaster at the Met Office, Andy Page, added: "The very warm conditions will last well into next week, with the hottest days of the summer so far and a 60% chance of reaching 32 °C."

The hottest day of the year so far was Thursday with Heathrow Airport recording a high of 28 °C, but that is expected to be beaten over the coming week.

Even though England and Wales will see the highest temperatures, Northern Ireland and Scotland will also have some very warm weather, with continuing chance of thunderstorms in a few places which could lead to high rainfall totals locally.

The latest 'Heat-Health' warnings

The latest UK weather forecast